**Attendees**: Wendy Brenkley (Complex Care Network), Janine Morrah (Parent

2 Parent), Andrea Crutchley (Independent), Kerryanne (Carers NZ), Janine

Hoete-Thornton (NZDSN), and Tina Lincoln (**(**Development Manager and Secretariat Support – Care Matters),

**Apologies:** Lianne Clarke (SAMS Care Matters Facilitator), Mark Benjamin (CEO

SAMS), Tony Payne (Family with NASC experience), Christine Zander – Campbell (Supporting Families), Courtney Naera (Independent),

**General Update**

***Introductions and reconnect (everyone)***

# Updates

* General Updates
* Updates from organisations
* Ministry of Health contract renewal 2021 - 2023

***Current Position:***

From September 2020 – August 2021 we have had 603 workshop participants and 37 workshops throughout New Zealand. This equates to an average of 17 attendees per workshop. We have also facilitated 16 Kitchen Tables around New Zealand including on-line learning opportunities through Zoom.

We note that face-to-face information sharing is estimated to be 14 times more effective than other forms of communication and the benefit of having one person attend a face-to-face session can positively impact an entire family/personal network.

Overall Care Matters participants consistently give workshops a high satisfaction rating (for this reporting period we currently have 98% of participants rating Care Matters workshops between good to excellent).

Over this 12-month period 13% of workshop participants were Māori. The people who attend the workshops are predominately European women (37%), Chinese (6%), Pasifika (3%), Indian (2%), 7% indicated other, and 32% did not indicate ethnicity.

# Update - Summary of Care Matters results and achievements (Tina Lincoln)

At the current time, we have completed 4 of the 37 Workshops and 3 Kitchen Tables for this contract period (1st September 2021 to 31st November 2021).

The Advisory Group were provided with summary of results from:

* Care Matters Reporting Summary Annual report September 2020 – August 2021
* Resource update to date

We have completed face to face and Zoom meetings during this period.

***Resource Update***

# Development of new resources, year-to-date include Sept 2021 – Nov 2021

P2P

* https://carematters.org.nz/alternativesto-traditional-respite-care/

* https://carematters.org.nz/wpcontent/uploads/2021/08/Support-

 Group -resource.pdf

* [https://carematters.org.nz/wphttps://carematters.org.nz/wp-content/uploads/2021/08/Puberty-resource.pdfcontent/uploads/2021/08/Puberty-](https://carematters.org.nz/wp-content/uploads/2021/08/Puberty-resource.pdf)

 [resource.pdf](https://carematters.org.nz/wp-content/uploads/2021/08/Puberty-resource.pdf)

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SAMS

* [Mechanics of Enabling Good Lives](https://carematters.org.nz/wp-content/uploads/2021/12/Mechanics-of-EGL.pdf)

* [Health and Wellbeing APP booklet](https://carematters.org.nz/wp-content/uploads/2021/12/2019-09-09-Health-and-Wellbeing-Apps-booklet-2.pdf)

* [Enabling Good Lives Approach and principles – Printed Booklet](https://carematters.org.nz/wp-content/uploads/2021/12/Care-Matter-Booklet-for-Email.pdf)

Resources in draft.

* Balancing Caring with work and study
* Role of a connector
* Having a home
* MSD – Financial support
* Personal Budgets

Media Releases

* [Independent Ministry](https://carematters.org.nz/media-release-independent-ministry/)
* [Families urge to be at the heart of the new Ministry](https://nzdsa.org.nz/families-urge-to-be-at-the-heart-of-new-ministry-for-disability/)
* [Beehive announcement](https://www.beehive.govt.nz/release/government-delivers-transformative-changes-disabled-people)
* [MSD Work Programmes](https://www.msd.govt.nz/about-msd-and-our-work/work-programmes/index.html)

***Concerns from Advisory Group - Points:***

* *Limited respite and Carers*
* *Concerns of cutting services*➢ *Vax – Mask issues*
* *People staying at home*
* *Staff shortages*
* *Education – keeping children home*
* *Preparing for future intensive needs*
* *The need for RAT testing*

***Resource Development priorities from Advisory Group:***

The Advisory Group was presented with ideas from the e-Leadership group, SAMS, Parent to Parent and additional ideas from the Advisory Group and their networks.

SAMS

* Five resources to complement the [Enabling Good Lives Approach and principles – Printed Booklet](https://carematters.org.nz/wp-content/uploads/2021/12/Care-Matter-Booklet-for-Email.pdf)
* Part 1, Whakapapa of EGL
* Part 2, EGL Principles and Approach
* Part 3, EGL Focus and Planning
* Part 4, Negotiating what you want & Self review
* Part 5, Community Development

P2P

* Welfare Guardianship & PPPR
* Video Resource to support Sibshops
* Written resource to support IEP workshops – participant-led

***Finishing Comments for the day:***

Focused

Informative

Directed

Responsive – intense

Remote connection

**Next Meeting Date:**

**Thursday the 17th of August 2022, 10 – 3pm, in Palmerston North** (venue TBC).

And / or ZOOM

# Care Matters Advisory Group Meeting 24th Feb 2022