**Attendees**: Wendy Brenkley (Complex Care Network), Christine Zander-

Campbell (Supporting Families), Christina Slade (Parent 2 Parent), Wai

Campbell (Kitchen Table Whanganui), and Tina Lincoln (**(**Development

Manager and Secretariat Support – Care Matters),

**Apologies:** Shane Doull (Whanganui Kitchen Table), Janine Hoete-Thorton (NZDSN), Andrea Crutchley (Feilding Kitchen Table), Dr. Carey-Ann Morrison (Imagine Better), and Katrina Fletcher (Carers NZ).

**General Update**

***Introductions and reconnect (everyone)***

# Updates

* General Updates
* Updates from regions
* Ministry of Health contract renewal

***Current Position:***

From September 2019 – August 2020 we have had 241 workshop participants and 37 workshops throughout New Zealand. This equates to an average of 10 attendees per workshop. We have also facilitated 16 Kitchen Tables around New Zealand including on-line learning opportunities through Zoom.

We note that face-to-face information sharing is estimated to be 14 times more effective than other forms of communication and the benefit of having one person attend a face-to-face session can positively impact an entire family/personal network.

Overall Care Matters participants consistently give workshops a high satisfaction rating (for this reporting period we currently have 75% of participants rating Care Matters workshops between good to excellent).

Over this 12-month period 20% of workshop participants were Māori. The people who attend the workshops are predominately European women (70%), And nine% did not indicate ethnicity.

# Update - Summary of Care Matters results and achievements (Tina Lincoln)

At the current time, we have completed 14 of the 37 Workshops and six Kitchen Tables for this contract period (1st September 2020 to 31st November 2020).

The Advisory Group were provided with summary of results from:

* Care Matters Reporting Sept and Nov 2020
* Care Matters Reporting Summary Annual report September 2019 – August 2020
* Resource updates 2020

We have offered face to face and Zoom during this period.

***Resource Update***

# Development of new resources, year-to-date include;

* P2P - We are in the very final stages of editing the videos of the whānau stories from the 'Navigating the system - alternatives to traditional respite' workshop. We know that whānau stories are a powerful form of information to expand the thinking of whānau.
* SAMS are in the final stages of editing five of the following resources;
* Life after School
* Education - When school is not a suitable option
* How to make a complaint
* Supporting positive behaviour
* Enabling Good Lives – embedding the principles into our thinking

***Discussion Points:***

# Strategic Direction

* *Meeting the needs of diverse carers and whānau - continuation of Zoom if requested.*

* *Continue with the flexibility within the Care Matters contract including outreach*

* *National referral contact for families and whanau with primary diagnosis in mental health if requested.*

* *Request for longer contract period for Care Matters 3 – 5 years.*

* *Diversity of Care Matters facilitator/s to strengthen cultural responses.*

* *Continuation of Face Book for promoting Care Matters workshops.*

***Resource Development priorities from Advisory Group:***

The Advisory Group will be presented with ideas from the e-Leadership group, SAMS, Parent to Parent and additional ideas from the Advisory Group and their networks, at the next Care Matters Advisory Group Meeting.

* Add list of resource APPS to Care Matters Website for tools to manage mental health

# Updates from Regions;

Mid Central – System Transformation;

* Mana Whaikaha have had some changes within their operations structure.
* Limited connectors to meet demand
* Mana Whaikaha Limited was established in March 2020

***Member representatives/succession planning:***

* Continue to rotate members of Care Matters Advisory Group.
* Shane Doull and Wairemana Campbell have completed their term as independents on the Advisory Group. We thank them for their contributions and support during their time with Care Matters.
* Strengthen Maori/ Pasifika advisory group – contact National Organizations for endorsement of representatives.

***Finishing Comments for the day:***

Waiata – Te Aroha and Precious Baby

Revealing

Thank you

Learnt a lot

Reconnecting

**Next Meeting Date:**

**Thursday the 12th of August 2021, 10 – 3pm, in Palmerston North** (venue TBC).