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| **Attendees**: Wendy Brenkley (Complex Care Network), Tina Lincoln (SAMS), Christine Zander-Campbell (Parent to Parent), Dr Carey-Ann Morrison (Imagine Better), Wai Campbell (Kitchen Table Whanganui), Katrina Fletcher (Carers NZ), Shane Doull (Kitchen Table Whanganui) and Rebecca Walton (Secretariat Support – Care Matters).  |

**Apologies:** Mark Benjamin (SAMS) and Kellyanne Tong (NZDSN)

Note Taker: Rebecca Walton (Care Matters)

***Update & Previous Agenda items:***

1. New Advisory Group member welcomed – Shane Doull has been involved in the Whanganui Kitchen Table group and brings a range of leadership skills to the group.
2. Mark Benjamin will attend the next meeting on the ***26th of February*** in Wellington to update the group on EGL in the mid-central region.
3. Headshot photos of the Advisory Group members were taken to add to the website. Advisory Group members are to provide a description of themselves (if they haven’t done so already) by *Monday the 28th of August*.
4. The DRAFT Annual Plan was discussed for 1 September 2017 – 31st August 2018. It is expected the Annual Plan will be finalised by the 31st of August. Care Matters is waiting on feedback from MOH.
5. Update provided on the Kitchen Table groups, including the vision of the Whanganui group for a ‘respite’ option for whānau.
6. Update provided on workshops and reporting, including the six-monthly report, information on learning outcomes achieved, most popular resources uploaded from the website, and most requested workshop topics, etc.

***Enabling Good Lives (EGL) Update***

Tina who is a member of the co-design team for mid-central provided an overview and update on EGL.

There have been two demonstration projects (prior to Mid-Central) in Christchurch and the Waikato.

At the current time the Regional Leadership group is being formed for Mid-Central. The Regional Leadership group is made up of representatives from a number of different groups (ie. Pasifika, Māori, disabled persons, family members, providers, etc.).

Working alongside the Regional Leadership group is the Core Group. This group is a larger group made up of people who can step in/support the work of their representative, as well as come together regularly to talk about what is happening in the region, assist with hosting forums, provide feedback, etc.

The role of the National Leadership Group is to protect the EGL principles. The EGL website has a blog that you can raise concerns/ask questions. The EGL website is updated every 24 hours.

Mid-Central is to go live next July.

<http://www.enablinggoodlives.co.nz/system-transformation/>

***Discussion of Resources 2016 – 2017***

There has been some great feedback provided by families on Mapping Educational Opportunities and the Time Line 7 – 18. Most of the feedback came from people through the Care Matters database.

*Mapping Educational Opportunities*

Members discussed the flow diagram and DRAFT resource and made some additional changes. Rebecca to update and forward for comment prior to completion.

*Time Line 7 – 13*

Members discussed the content for this resource and what links could be added. Rebecca to update and forward for comment prior to completion.

*Treaty of Waitangi*

Wai spoke about some of the possible content for this resource.

*EGL Resource*

Proposal – to get information printed on EGL, that provides a general overview for families, that can be used in workshops.

***Discussion of Resources 2017 - 2018***

* How to manage a personal budget – what supports are out there (MyCare has some resources already on their website)
* Building partnerships and allies – how do I do this?
* Finding staff/workforce development – how do I do this, where do I go, what I should know, etc? There are some elements of this on the website and on MyCare. *NB:* local groups are creating face book pages to assist with this.
* Transparency on the rules of IF
* Tips on how to create a support group
* Dual Diagnosis and support
* High level design material on EGL – translated into a format that is easy to understand/not too much information
* Carer Resource updated
* Resource on communication – that has practical example’s and tips on using DESC, reframing, etc.
* Planning for the Future
* Advice on raising teenagers
* Getting a break – update on respite strategy/transformation and what this means for families, examples of what families have done to ‘get a break’ and what they did to make it successful for themselves and their family member/whānau.
* Greater use of app’s/on-line tutorials/webinars, etc.
* Update of website – which could include updating the news section, resource section, review of on-line material, adding links to a disability directory of services, other training (including workforce development) and other relevant information (ie. History of Disability video, Kylie B, Robert Martin, Attitude Live, Josie’s story).

Three of the top 7 most requested workshop topics do not have an associated resource, these are; Planning for the Future, EGL/System transformation and Advice on raising a teenager. Other organisations such as Imagine Better may have developed information on ‘Planning for the Future’ and a stocktake would be required before future resource development.

**Families requesting information on EGL** *(the group discussed some ideas for a workshop topic)*

There is a need for some historical context ie. particularly for young families who may not know the background, not only of EGL, but of disability within New Zealand (where we are currently at and why).

There is a video on the History of Disability that people have found helpful. Not everyone may want the historical background so there may need to be different entry points for participants. Some people will want to move directly to action, whereas others may need to share their stories and discover their own unique pathway to achieve a ‘good life’ for their whānau/family member.

*NB:* Families want to understand both the current/future system, and how EGL principles apply to both. Funding models may change/EGL principles remain the same.

Some topics could include:

* history of disability
* how to negotiate support – put a lens on current services/supports using EGL principles as a guide
* what do the EGL principles mean and how can this relate to my everyday life?
* what the future might look like?
* a ‘good life’ is different for everyone
* tips on “how can we prepare for this?” and
* personal stories

Once the Annual Plan is decided, resources will be finalised for development for the coming contract year.

**Next Meeting Date:**

**Thursday February 26th in Wellington** (venue to be advised). Mark Benjamin will be attending this meeting.